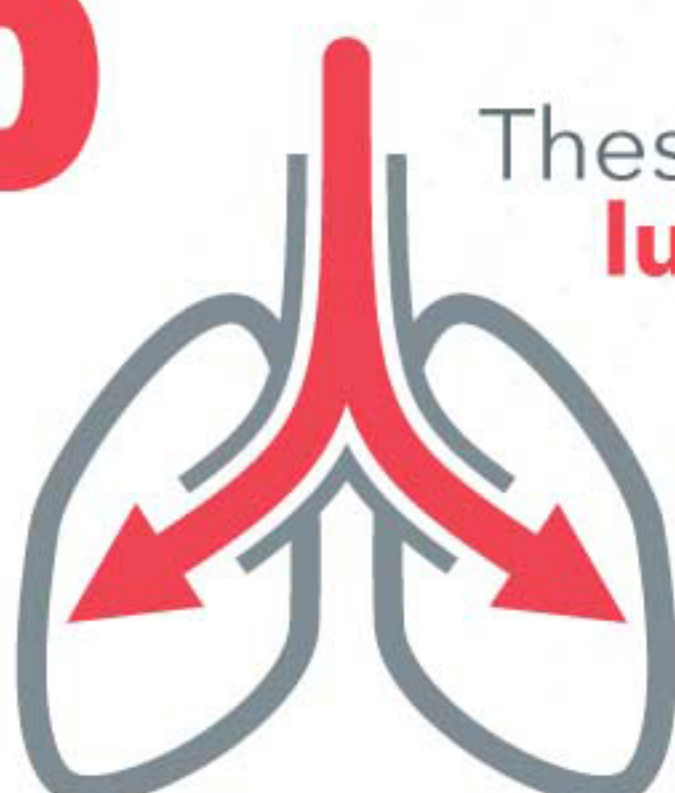


RADON

Radon is responsible for about

21,000 DEATHS EVERY YEAR
in the USA alone



These incidences of **lung cancer** are preventable

Radon is all around us in the air we breathe

Radon is a carcinogenic gas. It's odorless, invisible, and radioactive.

It originates in lower levels but can collect anywhere, as it circulates via ventilation.

Radon levels concentrate because of building design, materials, and ventilation. Radon fluctuates daily due to outside forces such as wind, air pressure, cold weather and shifting soil.

Continuous monitoring is necessary to ensure levels stay low.

Know Your Risk Factors

Exposure

The longer the exposure the greater the risk

Age

Children are 10X more susceptible

Predisposition

1 in 30 people are fundamentally radiation sensitive

Elevation

Concentration increases at lower levels

Take these **easy first steps**

to reduce radon in the home

And remember to **Perform regular maintenance**



Experiment with ventilation by opening windows and vents to ensure good airflow.



Use rubber seals to block radon concentrated areas and other access points in a building.



Continuous monitoring is essential as radon levels change over time.

Get a radon monitor to stay informed.

If the reading is **low**, keep monitoring and ensure your levels stay low.

For a **medium** reading, use easy first steps to lower levels and track your progress with a monitor.

If you see a **high** reading take easy first steps and contact a professional if levels are over 100 Bq/m³ for 3 months or 150 Bq/m³ for 1 month.



Caulk and seal cracks and other entry points in basement floors and walls.

The good news is everything is fixable.

These tips can help lower radon levels but should not replace professional help.

Radon mitigation is cheaper than you may think.

If you need help, see the EPA suggestions for choosing a professional radon mitigator.



We spend **90%** of our time indoors. Breathe better. Live better.

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